ARE VALLEY MAG COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

November 2010

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November is here and the nights are noticeably drawing in and the days are increasingly short.

The mists in the valleys create beautiful vistas, especially on a morning before the sun warms the earth. The calm and stillness set up the day nicely before the mad rush for the school run, chores or appointments. The morning mist and freezing fog remind me to slow down and hurry less

In addition to the atmospheric landscape, all this talk of spending reviews and austerity measures leave me thinking we are living in a Dickens novel. The bankers are the baddies and the man in the street is badly done to; it is a tale of two troubles, namely, debt and recovery.

I don't despair though, there are always new opportunities that are spawned from difficulties. And the great British sense of humour helps to lighten the mood along the way...

Of course, if we listen to the bankers, we should spend, spend, spend our way out of these harsh economic times!

Enjoy the mists and frosty days of November and remember to keep a sense of perspective. All the best, Liz



Liz Barker

Afternoon Tea at Ashmount

Join us for a Traditional Afternoon Cream Tea at Ashmount Country House.

Luxury and comfort set in a tranquil, relaxing setting and all just a 3 minute stroll from the centre of Haworth.

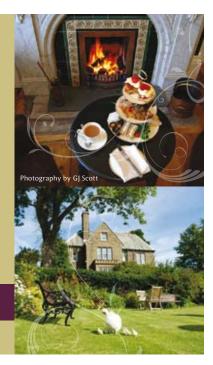
Afternoon Tea served daily

2.00pm - 5.30pm. Booking is advisable. T: 01535 645726 E: info@ashmounthaworth.co.uk

66 Afternoon Tea was amazing - what a wonderful find, we will be back soon. 99

Ashmount Gift Vouchers available - the ideal gift for family, friends and relatives.

Ashmount Country House Mytholmes Lane, Haworth, West Yorkshire, BD22 8EZ W: www.ashmounthaworth.co.uk

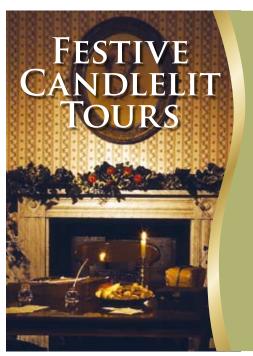






email: info@worthvalleymag.co.uk

www.worthvalleymag.co.uk



Tuesday 30 November and Tuesday 7 December at 7pm

Come and enjoy a very special evening at the Brontë Parsonage Museum as it opens its doors for two festive candlelit tours of the Brontës' home. Each evening will also include a 'behind the scenes' visit to the museum's Library and a special opportunity to see some of the treasures of the museum's collection. Mulled wine and other festive treats will be served.

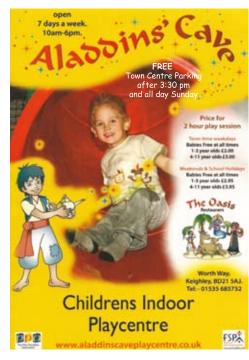
Please note that numbers are strictly limited and early booking is strongly recommended. Tickets are £14. To book, please contact Sonia Boocock, Brontë Parsonage Museum, 01535 640192/sonia.boocock@bronte.org.uk

Brontë Parsonage MUSEUM



are you a teaching assistant who wants to gain a Level 3 certificate. Our team of qualified school teachers train teaching assistants in schools. Our courses run for 30 weeks and the fees can be paid weekly after the initial registration fee, Level 2 cost £520 and Level 3 cost £540. For info contact Cath or Suzanne on 07563 739 443, 07563 739 484 or 07594 582 498 or email atass@hotmail.co.uk.

















CHRISTMAS FRUITCAKE RECIPE

You'll need the following:

1 C water 1 tsp. baking soda 1 C sugar 1 C brown sugar

4 large eggs lemon juice

2 C dried fruit nuts, plus 1 tsp. salt and 1 FULL bottle of your favorite whiskey

Sample the whiskey to check for quality. Take a large bowl. Check the whiskey again to be sure that it is of the highest quality. Pour one level cup and drink. Repeat. Turn on the electric mixer. Beat 1 C of butter in a large fluffy bowl. Add 1 tsp. sugar and beat again. Make sure the whiskey is still okay. Cry another tup. Turn off the mixer. Break two legs and add to the bowl and chuck in the cup of dried fruit. Mix on the turner. If the fried druit gets stuck in the beaterers, pry it loose with a drewscriver. Sample the whiskey to check fortonsisticity. Next, sift 2 cups of salt. Or something. Who cares. Check the whiskey. Now sift the lemon juice and strain your nuts. Add one table. Spoon. Of sugar or something. Whatever you can find. Grease the oven. Turn the cake tin to 350

degrees. Don't forget to beat off the turner. Throw the bowl out the window. Check the whiskey again. Go to bed. Who the heck likes fruitcake anyway?!



49 Main Street Cross Hills BD20 8TT



01535 635916

Call in to discuss your Christmas requirements! Suppliers of quality, locally sourced beef, lamb, pork and poultry, including hand made sausages, burgers and a variety of pies.

This Autumn look out for...

Special offers on a range of winter warming casserole meats. A range of game, including pheasant, rabbit and venison.

Our free range chicken and chicken fillets.

www.newlaithefarmbutchers.com





Community Security by Jonathan Darnbrook of Tesla Security



Dark Nights Are Here!

Whilst halloween, plot night and the festive season are all traditionally happy and fun

times of year, they can also attract a darker element and with it some accompanying security concerns.

Halloween for example is a time when unsavoury characters can use the "trick or treat" activities as an excuse to venture in to your grounds unquestioned; while plot night (bonfire night) can match sounds associated with burglary like alarms going off or loud noises in the streets and gardens of your neighbourhood.

Of course Christmas is traditionally an active time for burglars for obvious reasons.

To avoid being the victim of a burglary here are some basic tips to bear in mind over the following months: Make sure the exterior of your home is well lit, and that motion-sensor lights work properly, to deter criminals from hiding in your garden.

If strangers are asking for access to your home, to use the loo or telephone for example, be wary and do not accommodate them. If they are trick-or-treaters or carol singers from the neighbourhood (as they should be technically), they can return to their own homes for these needs.

Secure loose items you want to keep like bikes. While you should secure these anyway year-round, you wouldn't want to lose these items to theft on halloween or plot night. And you wouldn't want someone to come back later to collect these items because they notice you don't secure them.

If you have a Christmas tree on show in the window then don't keep your presents beneath it. By doing so you are effectively advertising the gifts to the neighbourhood. Carefully dispose of the packaging for any expensive presents. We have known burglars take your new things in the originals boxes that they have found left in your bins outside!





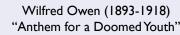


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Plastering : Pointing : Lead Flashing : Lead Repairs Roof Repairs : Ridge Tile Reset : Guttering : Downpipes Gutter Cleaning

info@dmstaryk.co.uk





What passing-bells for these who die as cattle?

--Only the monstrous anger of the guns.

Only the stuttering rifles' rapid rattle Can patter out their hasty orisons. No mockeries for them from prayers or bells.

Nor any voice of mourning save the choirs.-

The shrill, demented choirs of wailing shells;

And bugles calling for them from sad shires.

What candles may be held to speed them all?

Not in the hands of boys, but in their eyes

Shall shine the holy glimmers of goodbyes.

The pallor of girls' brows shall be their pall:

Their flowers the tenderness of silent minds.

And each slow dusk a drawing-down of blinds.









Thursday 18th November $7.00 \mathrm{pm}$ Midland Hotel Forster Square, Bradford

Tickets £10

Join the Lady Mayoress, Mrs Gillian Hill for a fantastic winter fashion show by her favourite shop.

Nicky from Firths of Haworth has put together an evening of gorgeous outfits and some seasonal shopping to tempt us all.

- +Catwalk Show including Festive Party Wear, Bridal and Menswear
- . Christmas Market
- + Prize Draw
- *Proceeds to the Lord Mayor's Appeal for Nell Bank and the Haworth

Tickets from

Firths of Haworth 98 Main Street, Haworth 01535 643800 firthsofhaworth@hotmail..co.uk

Lord Mayor's Office City Hall, Bradford 01274 434965

alexis.jenner@bradford.gov.uk



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HEALTH & BEAUTY

Thursday 18th November 2010 3pm until 9pm. Just call in.......



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Giving advice on medical aesthetics (fillers etc), thread vein removals, permanent make up.

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carried out on the day or any advance booking made at the event

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Setting the Boundaries

Choose your privacy settings

in Sharing on Facebook

KEEPING SAFE ON FACEBOOK by Eleanor Williams

Grev dots indicate "recommended" settings from facebook, red dots indicate safer settings for under 18s

Almost everyone has heard of facebook. even if you're not active online. Perhaps you have children, grandchildren, friends or family who use the social networking site for either business purposes or just purely to keep in touch with relatives or

associates all over the world.

The basis of the site, for those who aren't aware. are individual profiles connecting with each other. For example, your profile would contain selective personal information and shared photos from vourself or other people as vou choose. You can instantly message anyone on

your chosen "friends list" who are online (i.e. have a facebook account), privately message them in their inbox or publicly message them on their profile. The site is international and particularly popular with the younger generation, although people of all ages are involved.

Facebook has its many qualities but, digging deeper into how such a popular site manages to keep running completely free for its customers, you realise how unsafe it can really be if you are unaware of the dangers; how much of your information are you really sharing with the world?

It's especially important for those under the age of 18 to keep all their details private to everyone but the people on their friends list (facebook claims to clarify this

but it is very misleading).

To begin, first click "Account" in the top right hand corner of your facebook, on the list that appears click "Privacy Settings". Facebook automatically has your profile as the "Recommended" setting, which you

> would think to be the very safest fixture. However, the print-screen left shows the bia difference between "Recommended" and "Friends only":

> > really want people you've

Would vou

never met, even if your friends may know them, being able to view photos and updates you post, and your family relationships? The recommended setting is not appropriate for young people. Your friends list include selective people only you want to be in contact with; no one else needs to be able to view your information and therefore your privacy settings are best set as "friends only".

You will have noticed the many advertisements shown at the side of your facebook pages. This is how the company funds the site and makes profit. However, you may not have noticed that advertisements shown on your facebook are only particular to you. Underneath ads, it may say a certain number or your

friends have "liked" this, businesses that create these advertisements access your personal details to gain information about vou, then facebook chooses which ads you may be interested in and places them on your page. In one way, this is a good system since you don't view ads that have nothing to do with your interests: on the other hand this may be perceived as an invasion on your privacy.

Type this link in your website address bar to view all the details of Facebook's Privacy Policy: http://www.facebook. com/policy.php. It also describes here how you can opt out of businesses accessing your details. However, this does not stop advertisements appearing on your pages, only the ads will now be random services that you may not be interested in. At least now you know you have your own details under control.

A useful thing to know about your privacy settings is that you are able to view how your profile is seen to facebookers not on your friends list and check you are happy with what information is shown or hidden. Once on Account- Privacy Settings, click the link "customize your settings" in the bottom left hand corner of the "Sharing on Facebook" table. Then, in the top right corner, it says, "Preview my Profile". What information can strangers see about you? Is it safe?

Finally... keep your parents happy! Show them how safe your new settings are and reassure them that no one can access your details. There are enough headlines of the dangers online for your parents to worry about your activity on facebook, give them one less thing to nag you about and stay safe online.

JOB VACANCY

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Say you saw it in the Aire Valley Mag!

THE LORD MAYOR OF BRADFORD'S APPEAL

Your support is most appreciated for this important work at Nell Bank.

things to do to

celebrate Bradford



The Lond Major's Appeal City Hall, Bradford, BDI 1HY 01274-434965

Nell Bank

www.lordmayorsappeal.uk.com

Ike Lord Mayon Councillon Peter Hill and Ike Lady Mayoness Mrs Gillian Hill

A calendar has been launched

by the Lord Mayor of Bradford, Councillor Peter Hill, to raise money for his chosen charity, the Nell Bank Centre in Ilkley.

The calendar, 'Celebrate Bradford', sponsored by local law firm Wilson Solicitors, features 12 colourful photographs of the district chosen by the Lord Mayor from images submitted by local professional and amateur photographers.

The final selection includes
Bradford Industrial Museum, tigers
at the annual Bradford Mela, and
a snowy Keighley & Worth Valley
Railway. The calendar also lists 50

in 2011.

The calendars cost £4.50 and are available at Visitor Information Centres in Bradford, Haworth and Ilkley, Keighley & Shipley Town Halls, Bingley Council Shop, local museums and the Lord Mayor's Office in City Hall.

Two pounds from every calendar sold goes to Nell Bank, which offers day and residential outdoor, environmental education for schools and community groups. The Lord Mayor's Appeal is raising funds to build a new inclusive and all weather adventure play-area at Nell Bank replacing the one that has been used by around 400,00 local children during its 20 year life.

Worried about Tax Deadlines? Help is at hand...

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TaxAssist Accountants
The Accountancy and Tax Service for Small Business

"The Small Business Champions"

32 North Street, Keighley BD21 3SE



Green things are afoot in Keighley!

"With climate change being a pressing issue, we want to inspire people to lead a greener life. The words and language used around environmental issues can be confusing. Not only will the Green Trail re-vitalise the town centre, it also brings together Arts, Environment and Business." asserts France-Leigh, Green Trail Co-ordinator.

After a delayed starting date, the Green Trail is now up and running! [From Ocotber 30th]

Passers by can experience Graffiti Art, Metal Work, Illustration, Fashion Design, Photography and Installations amongst others. The artists are working closely with local environmental organisations to make sure the green messages we're promoting are appropriate, correct, informative, and clear.

Go to www.greentrail.org.uk or www.lovekeighley.com for the letest deteils of events end happenings. On Saturday, November 27th, 1-6pm, Jam on Top is running JUNK BAND DAY, a workshop for families that will involve the creation of instruments from junk! By producing eco-friendly insruments via recycled methods the group aims to educate, inspire and challenge the participants...all whilst making music and having fun. Contact Jam on Top Music Studios for more information. 01535 600133 or email info@jamontop.com

lovekeighley

Round up the family and head to Keighley to join in the fun_Beginning with Thursday, November 25th at

RetRA7

5pm when Becky
Holmes from The Pulse
Breakfast Show hosts
The Pulse Roadshow
on Church Green in the
town centre_including
music, dance, and the
important appearance of
one very special guest in
a bright red suit who will

be accompanied by a huddle of penguins!
The culmination of the event will be the switching on of the town's Christmans lights at 6:30pm.

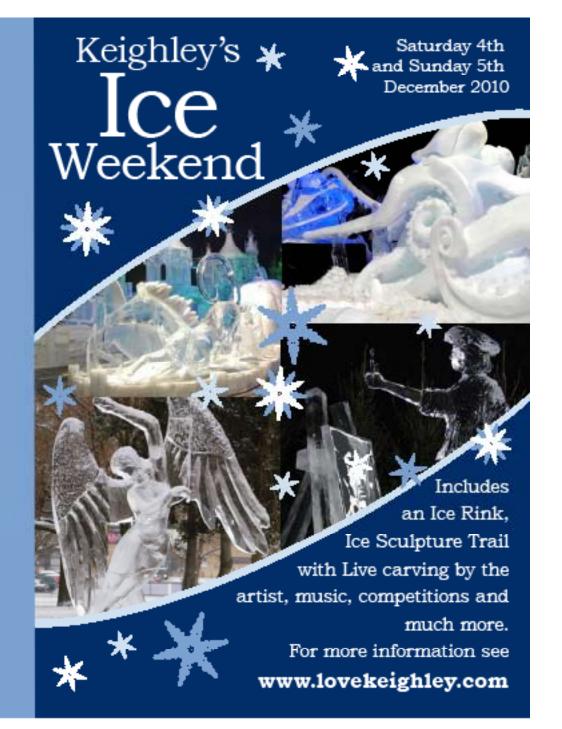
The evening also marks the first late night opening of the season for the Airedale shopping centre.

Saturday & Sunday,

Dec 4th & 5th be prepared for enchantment when the Ice

for enchartment when the Ice Weekend transforms the town in to a winter wonderland of ice and snow, complete with a skating rink (for all those daring souls who fancy a go) and a fascinating ice sculpture trail including live demonstations with ice sculptor Jamie Wardley to keep young and old alike entertained.

Saturdays line up will include Mascots on Ice with Mr.Bean for guaranteed laughter and fun. Why not make a day of it and combine your excursion with a spot of lunch and Christmas shopping? You will find plenty of parking and a host of offers from local shops & traders.



Say you saw it in the Worth Valley Mag!



WINED & DINED

by Claire Smith of No.10 The Coffee House

"Come said the wind to the leaves one day, come o'er the meadows and we

will play, put on your dresses scarlet and gold, for summer is gone and the days grow cold".

We have reached that time of year again; a time of burnished gold's, the last few leaves scurrying along country lanes; glistening early morning frosts, chill winds and the warming glow of brightly

lit fires. This is not the first time that I have expressed my delight at the thought of winter afternoons spent in front of the fire taking tea. Summer teas are one thing, but to my mind it is in winter when the air grows cold and the landscape begins preparing for deep slumber that leisurely afternoons spent enjoying a variety of sweet and savoury morsels really come into their own. In

fact there is something rather decadent about allowing oneself to slow down with the season and enjoy the warmth and comfort of an English teatime.

Historically the tradition of afternoon tea is said to have been introduced by the Duchess of Bedford in the 1830's, the intention behind this new ceremony being that it should allow the well appointed household to display porcelain or silver tea services, create new recipes, both sweet and savoury, and lay down the laws of etiquette, bringing into play rules such

as the correct way to hold ones tea cup or put down a spoon. Afternoon tea was taken at 5 O'clock, filling the gap between lunch, which was taken early, and dinner which was served late. The cafes and tea rooms of the first half of the 20th century soon became meeting places for society ladies who met for "five o'clock tea". Above all, teatime should be elegant and convey a sense of occasion. China tea cups and saucers play an essential role in this

when taking tea of any kind (or coffee for that matter) my maternal grandmother would hold her tea cup to the light and refuse to drink from it unless she could see through it. I tend to agree with her; heavy pottery just does not deliver the same experience. The tea should always be served in a pot and if you are in possession of a set of pastry forks this is the time to bring them out.

The perfect afternoon tea should begin with savouries followed by freshly baked scones after which come slivers of cake and pastries, with each delectable morsel consisting of just a mouthful or two enabling ones guests to enjoy an array of different flavours. I cannot think of a nicer way to end a winter walk or pass a chilly afternoon, than to close the door to the howling wind, turn up the fire and experience the joy of taking tea in an atmosphere of relaxed and refined elegance.

in the Aire Valley?

Can you identify the building or landmark indicated by the red cross in this photograph?

This month's prize is donated by The Keighley & Worth Valley Railway: Day Rover Ticket

Email your answer to:
mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by Nov 20th, 2010.



Congratulations to Steven Feather from Silsden for correctly answering last months location: Keighley Rifle & Pistol Club.

Google Earth ©



Open 12.30 – 6.00pm Thursday – Sunday

Starting in October, weekends only, No 10 will be offering (along with our usual range of homemade cakes and scones should that be all that you require) a wintertime treat of traditional English afternoon teas; the intention being that you may like to while away the cold winter afternoons in front of the fire enjoying a selection of hand prepared sweet and savoury morsels.

SUDOKU

Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1 thru 9.

If you use logic you can solve the puzzle without guesswork.

			9	7	1			
	1	4				8	7	
4				9				3
7		2	4		3	9		8
5				8				2
	5	9				1	2	
			8	5	6			

To advertise call Liz on 01535 642227

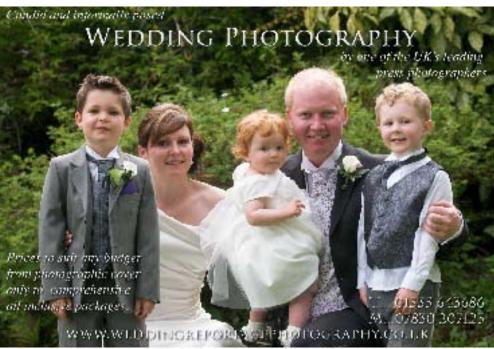
AIRE VALLEY FORGE CREATIVE WROUGHT IRONWORK Automated Gates Wrought Iron Gates Railings and Fencing Repair service "Could you make...."?the answer is always 'yes'

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Please support local trade

Red Skelton's Recipe for the Perfect Marriage

- **1.** Two times a week, we go to a nice restaurant, have a little beverage, good food and companionship. She goes on Tuesdays, I go on Fridays.
- **2.** We also sleep in separate beds. Hers is in Bedfordshire and mine is in Yorkshire.
- **3.** I take my wife everywhere...but she keeps finding her way back.
- **4.** I asked my wife where she wanted to go for our anniversary. "Somewhere I haven't been in a long time!" she said. So I suggested the kitchen.
- **5.** We always hold hands. If I let go, she shops.
- **6.** She has an electric blender, electric toaster and electric bread maker. She said "There are too many gadgets and no place to sit down!"... So I bought her an electric chair.
- **7**. My wife told me the car wasn't running well because there was water in the carburetor. I asked where the car was; she told me "In the lake."
- **8.** She got a mud pack and looked great for two days. Then the mud fell off.
- **9.** She ran after the refuse collector, yelling "Am I too late for the rubbish?".... The driver said "No, jump in!"
- **10.** Remember: Marriage is the number one cause of divorce.
- **11.** I married Miss Right. I just didn't know her first name was Always.
- **12.** I haven't spoken to my wife in 18 months. I don't like to interrupt her.
- **13.** The last fight was my fault though. My wife asked "What's on the TV?" I said "Dust!"

WEBSITE OF THE MONTH

The Royal British
Legion was formed
after the First World
War which was hoped
to be "the war to end
all wars". But war and
conflict have continued
and today our Armed
Forces are experiencing casualties
almost every week.

This site is created to ensure that the memory of those who have given their lives in the Service of their country, will continue and will be honoured - for evermore.

www.britishlegion.org.uk



PUZZLE ANSWER

9	7	5	2	4	8	6	3	1
6	3	8	9	7	1	2	4	5
2	1	4	3	6	5	8	7	9
4	8	1	5	9	2	7	6	3
7	6	2	4	1	3	9	5	8
5	9	3	6	8	7	4	1	2
8	5	9	7	3	4	1	2	6
1	2	7	8	5	6	3	9	4
3	4	6	1	2	9	5	8	7

AIRE VALLEY DAD

As the darker nights draw in we've found ourselves spending more time indoors and addressing all those niggly little DIY jobs we've ignored through the summer. Another excuse for putting them off is the kids. As soon as the tool box comes out you can be sure that if we turn our backs for one second Luke will be chasing his sister around the

house with a saw or a hammer. It's not easy to do any jobs when he's constantly trying to "help" and although his heart's in the right place the health and safety genie pops up every time he stands forlornly at the foot of the ladder demanding

to assist me in securing a light fitting. The other week he wanted a go on the grass strimmer and he regularly scares me to death by following me around when I'm mowing the lawn. Sweeping, vaccing, drilling or sawing. He's willing, but unable.

I'm very lucky that my missus (the Aire Valley Mum) is a dab hand in the home improvement field. So much so that I once bought her a Black & Decker work bench for her birthday - and she was genuinely pleased. I'm pretty useless at anything other than computers and electrics. If there are shelves to put up or holes to be drilled I'd rather wash up or bake shortbread. She'll occasionally

recruit my brute strength to extract a stubborn screw, or my utter fearlessness to fight through the cobwebs in the attic, but generally she'll only trust me with a paintbrush, and even then I get told off for not cleaning them properly. In return I record programmes to the dvd recorder, download music for her ipod, change lightbulbs and generally

act as an I.T help desk. It's a good team and we know our positions well, so it can be a little annoying when the children get in the way. As the chef of the house I often think I should encourage my daughter Becky

to help me in the kitchen, but I must admit that I'd only ever let her use a spoon and even then her stirring skills are pretty woeful. After ten minutes and a couple of goes on the food processor she gets bored and I don't argue with her when she demands to be fired and sent to the ty room. I remember as a child being "encouraged" to partake in the household chores. Peeling spuds was my particular skill, so I'm beginning to look forward to the when the kids are old enough to help out properly with some of the more menial tasks, but for the time being I think we'll keep them out of harms way. Having said that I reckon the chimney needs a good clean...!









To advertise call Liz on 01535 642227

Are you a community based group? You can use these Free Listings to communicate to the Aire Valley.

email your details to info@worthvalleymag.co.uk

Wed 4th Nov - Aire Valley Amble, 5.5 miles (9km) circular walk. Packed lunch required. Meet Anne Hodgson at 11am near the entrance to Saltaire railway station, Victoria Road. Saltaire Canal, river and woodland on this low level walk along the valley bottom.

Fri 5th Nov - Fireworks at the Farm Thornton Hall Farm Thornton-in-Craven Skipton - 5pm – 9pm, Fire Finale at 7.30pm. £4.50 per person in advance, £5 on the night.Under 1's free. Ticket Hotline 01282 841148.

Sat Nov 6th - Silsden Bonfire -Bradley Green - £1 admission

Sun 7th Nov - Sutton Bonfire - 5.45 pm at the large field Crag Lane of Croft Hill, Sutton. Adults £4 & Children £2.

Sat 6th & Sun 7th Nov - Skipton Castle - Exhibition in the Banqueting Hall by the fashion department of Craven College A Summary of the Costume Project

Fri 12th Nov & Sat 13th Nov

1st Kildwick And Farnhill Scout Groups 69th Scout Show - Glusburn Institute -Doors open 6.45pm Commence 7.15pm visit www.kildwickandfarnhillscouts.co.uk or call the box office on 01535 653511.

Sun 14th Nov - Rememberance Sunday





Keighley 9.15 am meet in Russell St. 10.00 am service in Shared Church 11.00 am service in Town Hall Square KTC 01535 618252

Sun 14th Nov - Remembrance Day Parade and Ceremony. Skipton - Parade route from Newmarket Street to Skipton High Street Cenotaph.

15th - 20th Nov - Haworth West Lane Baptist Amateur operatic Society presents: IOLANTHE 7.30pm with a matinee at 2.15pm on Sat 20th. Tickets £8 adults £5 children with over 60's £6 on Monday night and matinee. Available from Haworth T.I.C or call 01535 643425

Sun 21st Nov - Glusburn Institute ARTS & CRAFTS FAIR Free entry! Buy unique gifts for the festive season Refreshments Available. www.glusburninstitute.org.uk. (see page 26) 01535 630223

Sat & Sun 20th - 21st Nov - Haworth Christmas Market on Haworth Main St. Sat & Sun 27th - 28th Nov - Pipes Bows and Bells Weekend. Haworth.

Fri 3rd Dec - Silsden Methodist Church will be holding a Christmas Tree Festival to help celebrate their first Christmas in their newly built church. The opening will be held at 7pm Tea & Coffee & mince pies will be available. For more details contact Joyce Hartley on 01535/658600

Fri 3 Dec Keighley Mayor's Charity Event, Keighley Golf Club For more details: 618252

Sat & Sun 4th & 5th Dec - Ice weekend, Church green Keighley. Ice carving, sculptures & statues. (see pages 16&17) 01535 618085



Sat 4th Dec - Silsden
Methodist Church Christmas
Tree Festival will be open
from 9.30am - 4 pm with
refreshments available

all day and there will be various stalls
. At 6.30pm the same day there will
be a "Big Sing" followed by supper. For
more details contact Joyce Hartley on
01535/658600

Sat 4th Dec - Oakworth Christmas Fair, Holden Hall 2pm. Local organisations are invited to have a stall. Father Christmas will be there too! . For info contact Janet Armstrong Kly 642625

Sat 4th Dec - Glusburn Institute. Kelly's Eyes playing. Tel: 01535 630223 Tickets £7 Available on-line or from Glusburn Institute Office No 1 for soul! Doors open at 7.30pm www.glusburninstitute.org.uk Sun 5th Dec - Silsden Methodist Church, the Festival will be open from 2pm to 4pm with refreshments available and then at 6pm there will be an Advent Songs of Praise. For more details contact Joyce Hartley on 01535/658600

Fri 10th Dec - Glusburn Institute. Swing Commanders are playing. Tel: 01535 630223 Tickets £10 Available on-line or from Glusburn Institute Office Doors open at 7.30 www.glusburninstitute.org.uk

Sun 12th Dec - Civic carol service, Church Green, Keighley 2pm. Rev Peter Mott 01535 601499

Sutton Amateur Operatio & Dramatio Society Prevents

Traditional Family Pantomime written by members of the Society



Weds DEC 1 - Sat DEC 4th 7:15pm plus Sat Matinee, 2:15pm

01535 632289



Tues 28th Dec - Keighley Model Railway Club Open Day. Units T1/T2, Keighley Business Centre, 10.00am - 4.00pm. Layouts in all scales will be running - bring your Christmas presents and run them on our tracks! Off street parking and full catering available. Entry: Adults £2, Children £1. For more information about the Club, visit www.keighley-mrc.org.uk.

ST THOMAS' CHURCH, SUTTON-IN-CRAVEN - Mothers Union meets 3rd
Tuesday of every month at 2pm in the
Church. Contact Mrs Sandra Thomas
(01535 636003). Choir meets Mondays
at 7.30pm in church. Contact John
Sandland (01535 657141). Sunday
School meets 10.30am each Sunday.
Contact Ann Cowgill (01535 633372).
Sequence Dancing, Tea Dances - run by
members of the Church every Thursday
from 1.45pm till 3.45pm in the Village Hall.
£2.00 including refreshments.

GLUSBURN INSTITUTE ARTS & CRAFTS FAIR

Christmas shopping? On Sunday 21st November,

between 10am and 4pm make Glusburn Institute Arts and Craft fair your local port of call. For anyone who loves the unusual handmade. or unique, this annual village fixture brings together a host of talent. You will be supporting cottage industries, Glusburn Institute and you could bag the next big thing in country style. A wide variety of crafts will be on sale. Painting, pottery, hand knitting, hand sewing, turned wood, greeting cards, encaustic tie art, jewellery and cup cakes to mention just a few. A huge choice for your Christmas gift purchases or

just to treat yourself!
Entrance is free, refreshments are available all day, catered for by the Glusburn Institute Luncheon Club.
There will be a raffle and a guess the weight of the cake competition.
All proceeds from stall rental,

refreshments, raffle and competitions will go towards the upkeep of Glusburn Institute.

Lots of stalls are already booked but a few remain.

If you would like a stall ring Jenny on 01535 637940.
Pre-booking is essential.
The Glusburn Institute
Colne Road, Glusburn,



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Have you got



No, not that one, this one...



In fact if you are one of the many who are looking for an alternative to sitting in front of the same old mindless formulaeic television shows then how about trying the sport of target shooting?

Shooting is a sport where men and women, able bodied and disabled can pretty much compete at a high standard alongside each other to well beyond the age that most other sports regard participants as being over the hill. Unlike sports such as football or rugby where your playing career is essentially over by the mid 30's, shooting is a sport actively pursued by many people well into retirement, in fact the current world

prone rifle champion is actually 48 and still going strong.

There are many disciplines from which to choose, from 10 meter air pistol to 1000 yard full bore, but the most popular are the small bore events including air rifle and .22 calibre rifle. Probably most people's first experience of shooting is at tin cans in the back garden with a air rifle, and the next step is to move on to the the very popular event of sporting air rifle where competitors aim at targets instead of cans, using standard off the shelf rifles shot from a standing position at a distance of 20 yards

From there many move on to .22 rimfire shooting either prone (lying down) or 3 positional at distances of up to 100 yards. The targets are quite small, at 50 meters the 10 ring is about the size of a new five pence piece, with a central X ring about 6mm in diameter which is used as a tiebreaker in the event of a draw.

For those who really want to get into precision shooting then benchresting involves firing from a seated position with the rifle supported on a rest, sounds easy until you realise that the 10 ring is 2mm in diameter and the top shots rarely if ever miss, completely obliterating the ring counts as an X and is often the way to separate the scores.

The best way to get into shooting is to join an NSRA (National Smallbore Rifle Association) recognised club where you can learn to shoot safely using club equipment and receive coaching to help you improve. Fortunately the Aire and Worth valleys are well served by Keighley Rifle club situated in the old Parkwood Quarry at the top of Saint Paul's Road. The club has excellent facilities being one of the few clubs in the north to have it's own 100

yard outdoor range as well as a clubhouse with a good indoor 25 yard range. Probationary membership for the first six months costs just £25 during which time you can use the club equipment to try all the disciplines available. The only additional cost for the ammunition used so costs are pretty minimal.

Once a certain standard is reached then competition is actively encouraged in club, local, county and national events. Most are postal competitions which are shot on home ground and then the scores are sent away. Competitors are divided into divisions and shoot against people of an equivalent ability so it is quite possible for novices to win medals. Most people



find a bit of competition keeps the sport interesting and provides a way to really measure progress, but it doesn't matter, at Keighley there are people who just shoot for fun and never compete, but we also have 2 members who shoot for England, it's up to you.

So if you're looking for something more challenging than sitting in front of the telly every night, then come along to find out if you have the X factor when it comes to shooting. The club is open on Tuesday, Wednesday and Thursday evenings and Saturday mornings. For more information take a look at the club's website at www. keighleyrifleclub.co.uk or call 07830 207123 for more details.





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